

## RATES / PRICES 2023 - Kayak Sjoa Guided Tours & Instruction Trips

TOUR	SESSION (2-3 HOURS) 9am to 12am Includes shuttle time	DOUBLE-SESSION (5-6 HOURS) 9am to 3pm Includes shuttle time	FULL-DAY (9-10 HOURS) 7am to 5pm Includes shuttle time	OVERNIGHT (7-10 HOURS) Includes shuttle time	NOTES
Lågen River Class 1 & 2	1 pers. @ 1600 kr 2 pers. @ 1100 kr/p/p 3 pers + @ 1000 kr/p/p	1 pers. @ 3 000 kr 2 pers. @ 2 000 kr/p/p 3 pers + @ 1900 kr/p/p			Light snack / tea & coffee included
Otta River Class 2 & 3	1 pers. @ 1600 kr 2 pers. @ 1100 kr/p/p 3 pers + @ 1000 kr/p/p	1 pers. @ 3 000 kr 2 pers. @ 2 000 kr/p/p 3 pers + @ 1900 kr/p/p			Light snack / tea & coffee included
Sjoa Play-run Class 2 & 3+	1 pers. @ 1700 kr 2 pers. @ 1200 kr/p/p 3 pers + @ 1000 kr/p/p	1 pers. @ 3 200 kr 2 pers. @ 2 200 kr/p/p 3 pers + @ 2000 kr/p/p			Light snack / tea & coffee included
Sjoa Åsengjuvet Class 3 & 4	1 pers. @ 1800 kr 2 pers. @ 1300 kr/p/p 3 pers + @ 1100 kr/p/p	1 pers. @ 3300 kr 2 pers. @ 2300 kr/p/p 3 pers + @ 2100 kr/p/p			Light snack / tea & coffee included
Sjoa Åmot Fallene Class 4	1 pers. @ 1900 kr 2 pers. @ 1400 kr/p/p 3 pers + @ 1200 kr/p/p	1 pers. @ 3500 kr 2 pers. @ 2500 kr/p/p 3 pers + @ 2300 kr/p/p			Light snack / tea & coffee included

## RATES / PRICES 2023 - Kayak Sjoa Multi-day Guided Tours & Other Rivers

TOUR	SESSION (2-3 HOURS) 9am to 12am Includes shuttle time	DOUBLE-SESSION (5-6 HOURS) 9am to 3pm Includes shuttle time	FULL-DAY (9-10 HOURS) 7am to 5pm Includes shuttle time	OVERNIGHT (7-10 HOUR day) Includes shuttle time	NOTES
Sjoa Lower Descent 1 Class 4				Min. 2 pers. @ 5100 kr/p/p 3 pers + @ 4800 kr/p/p	2 days / 1 night Incl. 1 breakfast / 2 lunch / 1 dinner
Sjoa Lower Descent 2 Class 4				Min. 2 pers. @ 5800 kr/p/p 3 pers. + @ 5500 kr/p/p	2 days / 1 night Incl. 1 breakfast / 2 lunch / 1 dinner
Sjoa Full Descent Class 4 & 5				Min. 2 pers. @ 9000 kr/p/p 3 pers. + @ 8000 kr/p/p	3 days / 2 nights Incl. 2 breakfast / 3 lunch / 2 dinner
Sjoa Source Descent Class 4 & 5				Min. 2 pers. @ 12000 kr/p/p 3 pers. + @ 10500 kr/p/p	6 days / 5 nights Incl. 5 breakfast / 6 lunch / 5 dinner
Driva River Class 3 & 4			Min. 2 pers. @ 3600 kr/p/p 3 pers + @ 3200 kr/p/p		Light snack / tea & coffee included
Atna River Class 3 & 4			Min. 2 pers. @ 3600 kr/p/p 3 pers + @ 3200 kr/p/p		Light snack / tea & coffee included
Lower Ula Class 3	1 pers. @ 1800 kr 2 pers. @ 1300 kr/p/p 3 pers + @ 1100 kr/p/p	1 pers. @ 3300 kr 2 pers. @ 2300 kr/p/p 3 pers + @ 2100 kr/p/p			Light snack / tea & coffee included
Upper Ula 4+ Lower Bøvra 3-4 Graura (Driva) 4+ Finna 4+ Frya 4+					Per request. May require a prior session on Sjoa to gauge experience level.

## RATES / PRICES 2023 - Tandem Kayak & Pack-Raft

TOUR	SESSION (2-3 HOURS) 9am to 12am Includes shuttle time	DOUBLE SESSION (5-6 HOURS) 9am to 3pm Includes shuttle time	FULL-DAY (9-10 HOURS) 7am to 5pm Includes shuttle time	OVERNIGHT (7-10 HOUR day) Includes shuttle time	NOTES
Tandem Kayak Sjoa Action	1 pers. @ 2100 kr 2 pers. @ 1700 kr/p/p 3 pers + @ 1600 kr/p/p				Incl. All equipment, guide and light snack / tea & coffee. Max. 3 pers
Tandem Kayak Otta Fun	1 pers. @ 2100 kr 2 pers. @ 1700 kr/p/p 3 pers + @ 1600 kr/p/p				Incl. All equipment, guide and light snack / tea & coffee. Max. 3 pers
Tandem Kayak Lågen Gentle	1 pers. @ 2100 kr 2 pers. @ 1700 kr/p/p 3 pers + @ 1600 kr/p/p				Incl. All equipment, guide and light snack / tea & coffee. Max. 3 pers
Pack-Raft Sjoa Action	1 pers. @ 2100 kr 2 pers. @ 1700 kr/p/p 3 pers + @ 1600 kr/p/p	1 pers. @ 4000 kr 2 pers. @ 3500 kr/p/p 3 pers + @ 3000 kr/p/p			Incl. All equipment, guide and light snack / tea & coffee. Max. 4 pers
Pack-Raft Otta Fun	1 pers. @ 2100 kr 2 pers. @ 1700 kr/p/p 3 pers + @ 1600 kr/p/p	1 pers. @ 4000 kr 2 pers. @ 3500 kr/p/p 3 pers + @ 3000 kr/p/p			Incl. All equipment, guide and light snack / tea & coffee. Max. 4 pers
Pack-Raft Lågen Gentle	1 pers. @ 2100 kr 2 pers. @ 1700 kr/p/p 3 pers + @ 1600 kr/p/p	1 pers. @ 4000 kr 2 pers. @ 3500 kr/p/p 3 pers + @ 3000 kr/p/p			Incl. All equipment, guide and light snack / tea & coffee. Max. 4 pers

## RATES / PRICES 2023 - Equipment Rental

EQUIPMENT	RATE / PRICE per day	NOTES
PADDLE	150kr	Limited to Kayak Sjoa guests.
HELMET	50kr	Limited to Kayak Sjoa guests.
PFD / LIFE-JACKET	150kr	Limited to Kayak Sjoa guests.
DECK / SPRAY-SKIRT	100kr	Limited to Kayak Sjoa guests.
DRYSUIT	200kr	Limited to Kayak Sjoa guests.
FULL RENTAL	600kr	Does not include kayak. Limited to Kayak Sjoa guests.
KAYAK	Planet River / Kayak Sjoa does not rent kayaks.	Kayak Rental from <a href="#">Strie Strømmer</a> whitewater store in the village of Heidal is your only option. They have a modern fleet ( Waka, Pyranha, Spade, Soul, Wave Sport, Exo & Lettman ).

Note : Please see our [Terms & Conditions](#) for details regarding payments / cancellations regarding services and bookings.